

**WEALTH REGENERATION AT RETIREMENT  
PLANNING FOR A LIFETIME OF LEADERSHIP**

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**Worksheet 3: Your Life in Retrospect**

1. When you look at your milestones, are there any that jump out at you as particularly worthwhile?

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2. Do you have milestones for both your business life and your personal life?

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3. What times (or events or milestones) made you the happiest? Why? Are they still part of your life?

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4. If you could live your life all over again, what would you do differently?

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5. When do you experience *flow* (that is, losing yourself so much in an activity that you lose track of time)?

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6. Have you experienced a crucible? What was it?

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